

NEED TO TALK?

**ARE YOU A CHILD, YOUTH, OR CAREGIVER
WHO IS BLACK OR A PERSON OF COLOUR?**

Is representation important to you? We have a diverse team of counsellors with various cultural backgrounds and lived experiences who are here to help!

WE'RE JUST A PHONE CALL AWAY!

416.222.4380

Supporting individuals ages 0-29 and their caregivers.

Monday 11am - 5:30pm (last intake 4:00pm)

Tuesday 9:30am - 3pm (last intake 1:30pm)

Wednesday 1:30pm - 8pm (last intake 6:30pm)

Thursday 2pm - 8pm (last intake 6:30pm)

Friday 9:30am- 3pm (last intake 1:30pm)



lumenus
Community Services